
School Refusal Assessment Scale-Revised (C)

Children sometimes have different reasons for not going to school. Some children feel badly at school, some have trouble with other people, some just want to be with their family, and others like to do things that are more fun outside of school.

This form asks questions about why you don't want to go to school. For each question, pick one number that describes you best for the last few days. After you answer one question, go on to the next. Don't skip any questions.

There are no right or wrong answers. Just pick the number that best fits the way you feel about going to school. Select the number.

Here is an example of how it works. Try it. Select the number that describes you *best*.

Example:

How often do you like to go shopping?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

Now go to the next page and begin to answer the questions.

School Refusal Assessment Scale-Revised (C)

Name: _____

Age: _____

Date: _____

Please select the answer that best fits the following questions:

1. How often do you have bad feelings about going to school because you are afraid of something related to school (for example, tests, school bus, teacher, fire alarm)?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

2. How often do you stay away from school because it is hard to speak with the other kids at school?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

3. How often do you feel you would rather be with your parents than go to school?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

4. When you are not in school during the week (Monday to Friday), how often do you leave the house and do something fun?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

5. How often do you stay away from school because you will feel sad or depressed if you go?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

6. How often do you stay away from school because you feel embarrassed in front of other people at school?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

7. How often do you think about your parents or family when in school?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

8. When you are not in school during the week (Monday to Friday), how often do you talk to or see other people (other than your family)?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

9. How often do you feel worse at school (for example, scared, nervous, or sad) compared to how you feel at home with friends?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

10. How often do you stay away from school because you do not have many friends there?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

11. How much would you rather be with your family than go to school?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

12. When you are not in school during the week (Monday to Friday), how much do you enjoy doing different things (for example, being with friends, going places)?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

13. How often do you have bad feelings about school (for example, scared, nervous, or sad) when you think about school on Saturday and Sunday?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

14. How often do you stay away from certain places in school (e.g., hallways, places where certain groups of people are) where you would have to talk to someone?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

15. How much would you rather be taught by your parents at home than by your teacher at school?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

16. How often do you refuse to go to school because you want to have fun outside of school?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

17. If you had less bad feelings (for example, scared, nervous, sad) about school, would it be easier for you to go to school?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

18. If it were easier for you to make new friends, would it be easier for you to go to school?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

19. Would it be easier for you to go to school if your parents went with you?

| | | | | | | |
|-------|--------|-----------|------------------|---------|------------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

20. Would it be easier for you to go to school if you could do more things you like to do after school hours (for example, being with friends)?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

21. How much more do you have bad feelings about school (for example, scared, nervous, or sad) compared to other kids your age?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

22. How often do you stay away from people at school compared to other kids your age?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

23. Would you like to be home with your parents more than other kids your age would?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

24. Would you rather be doing fun things outside of school more than most kids your age?

| | | | | | | |
|-------|--------|-----------|---------------|---------|---------------|--------|
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

Do not write below this line

| | | | |
|-----------|-----------|-----------|-----------|
| 1. _____ | 2. _____ | 3. _____ | 4. _____ |
| 5. _____ | 6. _____ | 7. _____ | 8. _____ |
| 9. _____ | 10. _____ | 11. _____ | 12. _____ |
| 13. _____ | 14. _____ | 15. _____ | 16. _____ |
| 17. _____ | 18. _____ | 19. _____ | 20. _____ |
| 21. _____ | 22. _____ | 23. _____ | 24. _____ |

Total Score = _____

Mean Score = _____

Relative Ranking = _____