



Join us for  
**PARENT/CAREGIVER  
CONNECT!**

**APRIL 3RD, 2025  
6:30PM to 7:30PM**



Woodfords Family Services, Training & Resource Center, 15 Saunders Way,  
Ste 700, Westbrook

**CONNECT & SHARE INFORMATION,  
SUCCESSIONS, & IDEAS WITH OTHERS!**

\*This event is open to parents &/or caregivers of adult children receiving services  
via DHHS/Office of Aging & Disability Services.

▶ **Jessica Parks, LCSW will join us to share the story of the non-profit  
~Well Connected~**

WELL: Wellness Evolving through Life and Learning. An inclusive wellness  
community filling gaps of service to promote connection, education and  
wellness for adults with developmental disabilities, chronic illness, mental  
health needs and their caregivers.



▶ **Refreshments Will be Served**

This will be a recurring meeting – First Thursday of each month.

**FMI Contact: Christine Campbell, Community Case Management Supervisor**



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