



Sibshops: Sibling Support Program

At Sibshops: Sibling Support Workshops, the siblings of people with disabilities will:

- Meet and connect with other siblings of individuals with disabilities
- Talk about their shared experiences
- Have fun and make new friends
- Participate in a spirited mix of discussions, games, and crafts

Sibshops: Sibling Support Workshops offer the brothers and sisters of children with disabilities the opportunity to meet other siblings of people with disabilities, share common joys and concerns, and learn about the implications of their siblings' disability, all in a lively, recreational environment.

Sibshops Workshops acknowledge that most brothers and sisters of people with disabilities, like their parents, are doing well, despite the challenges of an illness or disability. Sibshops are a lively mixture of new games, discussion and activities. Participants should dress comfortably and be ready for action!

Woodfords' Sibshops: Sibling Support Program provides free monthly workshops in its Westbrook location to children age 7-13+ who are the sibling of a person with a disability served by the agency.

CONTACT

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