

# Home & Community Treatment Services

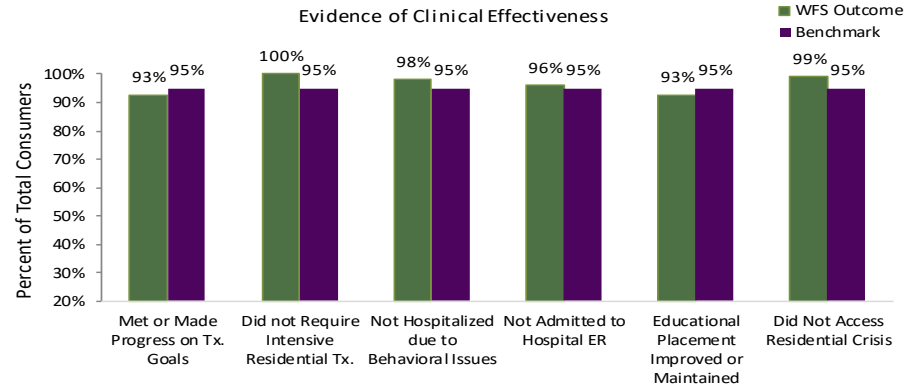
**H**ome & Community Treatment Services (HCT) are intensive team-based services for children ages 0-20 with mental health diagnoses, autism spectrum disorders, intellectual disabilities or developmental disabilities. The services are delivered by Clinicians and Behavioral Health Professionals and include psychiatry and behavior analytic consultation. HCT relies on a variety of interventions, including Applied Behavior Analysis, complex grief therapy, motivational interview, and structural family therapy.

## Program Census

Census as of June 2017: 25

## Program Demographics

| County       | Census Total | Gender    |           | Age       |           |            |             | Diagnosis |               |                     |                |
|--------------|--------------|-----------|-----------|-----------|-----------|------------|-------------|-----------|---------------|---------------------|----------------|
|              |              | Male      | Female    | 0-4 years | 5-7 years | 8-11 years | 12-16 years | Autism    | Mental Health | Developmental Delay | Dual Diagnosis |
| York         | 2            | 1         | 1         | 2         | 0         | 0          | 0           | 0         | 2             | 0                   | 0              |
| Cumberland   | 23           | 14        | 9         | 2         | 5         | 6          | 10          | 4         | 11            | 1                   | 7              |
| <b>Total</b> | <b>25</b>    | <b>15</b> | <b>10</b> | <b>4</b>  | <b>5</b>  | <b>6</b>   | <b>10</b>   | <b>4</b>  | <b>13</b>     | <b>1</b>            | <b>7</b>       |



HCT is a critical service that is more intensive than outpatient counseling to prevent higher levels of care. Most notably, HCT exceeded 95% outcome benchmarks in preventing residential treatment and hospitalizations, residential crisis and emergency department use. The satisfaction results are positive, with 100% of families feeling satisfied with the support offered by program staff, and 100% of families indicating they would recommend the service to others. Achieving satisfaction scores of 75-88% improvement in child functioning and behavior across environments is a significant improvement with children at this level of care.

## Program Satisfaction

| Family Satisfaction Survey Responses             |       |         |          |
|--|-------|---------|----------|
| Survey Question                                  | Agree | Neutral | Disagree |
| Satisfied with program support                   | 100%  | 0%      | 0%       |
| Feel more capable to handle issues with my child | 75%   | 13%     | 12%      |
| Clinician understands child's unique needs       | 88%   | 12%     | 0%       |
| Child is doing better at home                    | 88%   | 0%      | 12%      |
| Child is doing better in community settings      | 75%   | 13%     | 12%      |
| Child is getting along better with others        | 75%   | 13%     | 12%      |
| Would recommend program to others                | 100%  | 0%      | 0%       |

## Program Satisfaction

### Comments from Families

“Our Clinician and BHP’s are extremely well trained and are extremely focused on my child’s needs. We are very pleased with our experience.”

“Clinician is a great clinician who listens to my needs for my child; takes the time to truly understand and then forms a plan to proceed in the best interest of my child.”

“Clinician has been an excellent clinician. She always has a strategy to help when my son is struggling.”