



Pathways to Transition Parent & Caregiver Support Group

Join us for a free quarterly communitybuilding group for parents and caregivers supporting older youth with disabilities as they transition to and navigate early adulthood. Sessions are hosted virtually on Zoom on the Third Tuesday of February, May, August, and November from 5:30-7:30pm Woodfords' Pathways to Transition Parent & Caregiver Support Group is a bi-monthly community building group that focuses on the common challenges experienced by parents and caregivers related to the transition to and navigation of early adulthood for older youth with disabilities.

The group aims to offer support to a community of caregivers so that they are able to discuss shared experiences, solve problems, and learn about services and transition related resources.

The group is hosted by a Senior Behavioral Health Homes Coordinator who specializes in Transition. Each meeting includes a short presentation about a specific transition topic and gives time for parents and caregivers to have discussions and make connections. No preregistration is required. The group is open to interested parents and caregivers of older youth with disabilities.

CONTACT

To receive the Zoom link for the next meeting contact: Whitney Brown Senior BHH Coordinator for Transition wbrown@woodfords.org